

## Case Study

Blood Glucose Test Strip Review  
NHS Bedfordshire CCG Case Study



### The Need to Reduce the Cost of Diabetes...

At NHS Bedfordshire CCG, a review was necessary in October 2018 to reflect the changes in the test strip market in terms of functionality and cost. With one of its two products on formulary being withdrawn from the market during 2019, combined with the need to make resource available for a new blood glucose monitoring system for people with Type 1 diabetes, the medicines optimisation team's aim was to find a blood glucose meter that met patients' needs and was also cost-effective.

### Product Selection...

The CCG's objective was to offer patients advanced options, such as updated technology and devices, to meet their needs. After a comprehensive review of lower cost products, TEE2+ was selected as their preferred choice. Patients liked the finger pricking devices and being able to Bluetooth their data to mobile devices to assist with monitoring.

### Proof of Concept...

TEE2+ was piloted at two different sized practices, providing evidence that Spirit's Active Implementation process was robust and allowed for wider testing of the chosen meter and patient feedback.

In a phased approach, the switch was carried out by a collaborative team comprising specialist Spirit staff and NHS Bedfordshire CCG's technician team.



**NHS Bedfordshire is now one of the top CCGs\* in the country for average test strip cost!**



Patient choice is an important factor. We conducted the formulary review reflecting the fact that patients have different needs and a choice should always be offered.

**- Joy Mooring, Senior Medicines Optimisation Technician**



# TEE2<sup>+</sup>

**The Fastest Growing Brand!**



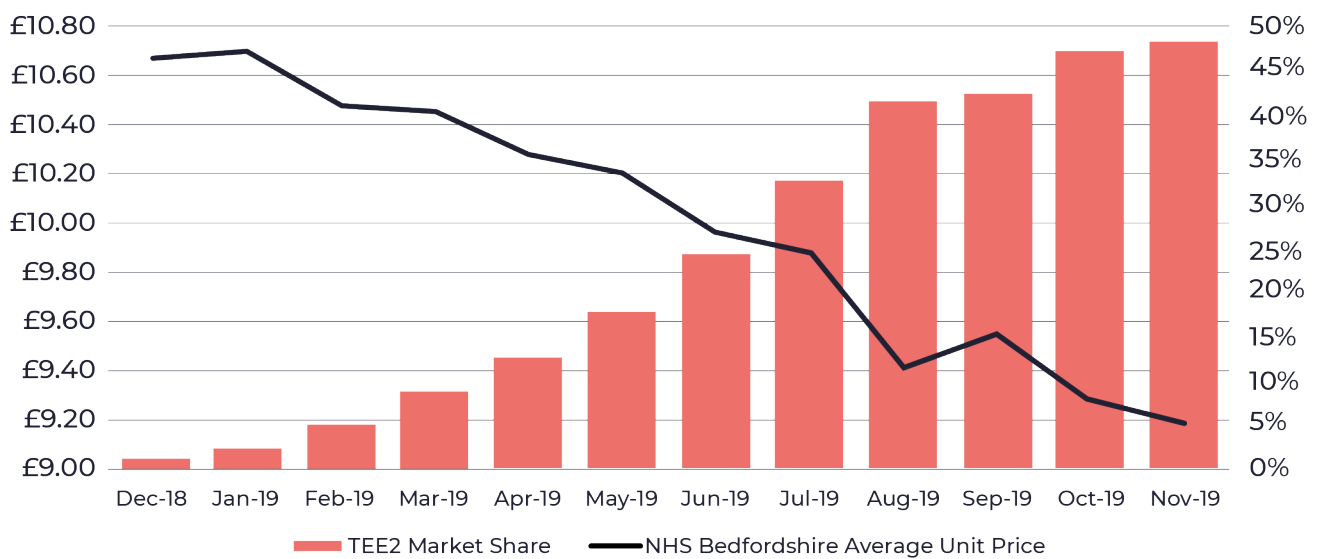
**TEE2+ is the fastest growing brand by volume of test strips being prescribed in the UK\*.**

## Spirit Added Value: Active Implementation Process...



## Cost Saving...

Significant benefits have been realised, including an overall cost reduction that has offset some of the cost pressure of the system for Type 1 patients, as the average unit price dropped in line with increased utilisation of Spirit's TEE2 test strips, from £10.39 to £9.41\*.



We had direct engagement from the MD, who maintained regular contact and acted on requests to send out meters to surgeries in a timely manner. Spirit also provided monthly spreadsheets to demonstrate the progress of the project.

We are pleased that we have been able to find a blood glucose test strip and meter system that has met both patients' needs and been able to support a necessary reduction in costs.

**- Fiona Garnett, Head of Medicines Optimisation**



Approval number: HEA3913JUL21

References: 1. data on file Spirit Healthcare, December 2017.  
\*. UK Prescribing data, Jan 18- Mar 20.

**spirit**  
health

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