

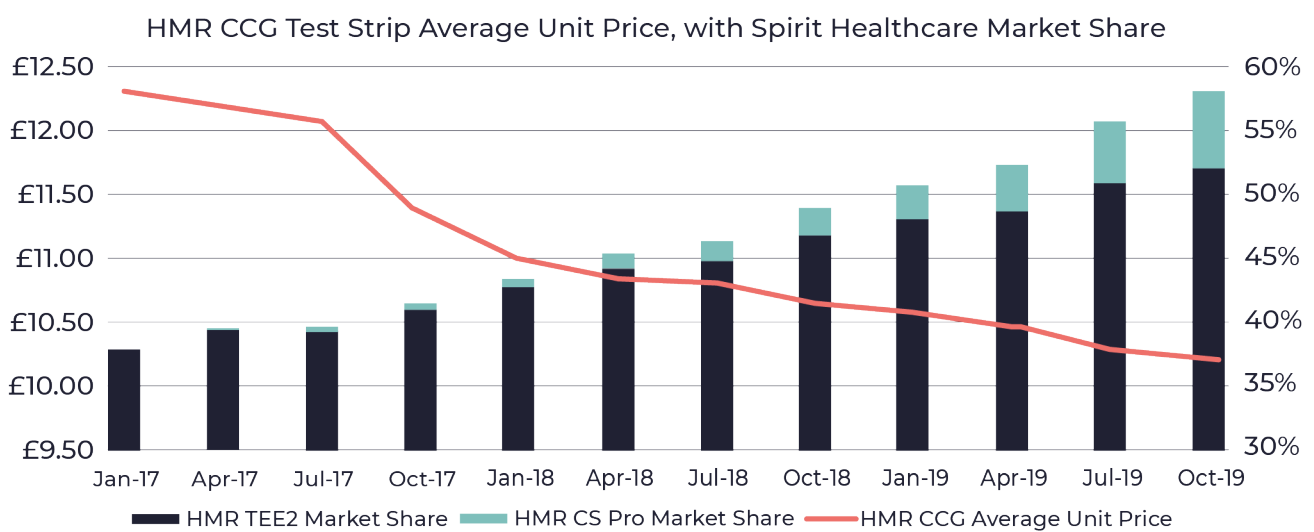
## Case Study

Reducing the Cost of Diabetes in NHS Heywood, Middleton and Rochdale CCG



### Objective...

NHS Heywood, Middleton and Rochdale CCG dramatically reduced the cost of caring for people with Diabetes by switching to blood glucose test strips from Spirit Healthcare. The average unit price dropped in line with increased utilisation of Spirit's TEE2 and CareSens PRO test strips:



### IMPLEMENT BRILLIANTLY...

Actively implementing a formulary change with effective training, support and education, makes a big difference in reducing costs - and this was also evident in the change programme at NHS Heywood, Middleton and Rochdale CCG. Analysis showed that savings were almost 700% greater when the change was actively implemented, compared to similar CCGs with no implementation programme.<sup>2</sup>

The standard and cost<sup>3</sup> of SMBG strips vary significantly across the NHS. An active implementation approach to formulary change can take CCGs from being within the worst-performing group (the 10% of CCGs with the highest unit costs for SMBG strips) to within the the best-performing group (the 10% of CCGs with the lowest unit costs).

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References: 1. data on file Spirit Healthcare, December 2017.