

# Reducing diabetes prescribing spend whilst delivering quality patient care






An ICB in the South of England has chosen Spirit Health as a partner to deliver a diabetes programme aligned with NHS England's framework of preferred suppliers for blood glucose, ketone meters, testing strips and associated consumables used within primary care<sup>1</sup>.





Through Spirit Health's Active Implementation™ solution, patients will gain access to quality blood glucose meters, test strips, insulin pen needles and exceptional patient after care. Based on past successful collaboration, the ICB has chosen Spirit to implement this new programme which is set to deliver nearly double the ICB's initial planned savings of £500,000 with our Insupen pen needles and blood glucose meter, CareSens S Fit.

## Aims & Objectives

<sup>1</sup> Commissioning recommendations following the national assessment of blood glucose and ketone meters, testing strips and lancets. On file, March 2023

-  To **educate patients** in correct use of blood glucose meters and insulin pen needles to effectively and safely manage their diabetes diagnosis
-  **Reduce expenditure** on blood glucose test strips and insulin pen needles by **£996,317 per annum**
-  To provide **patient centred care** for patients living with diabetes
-  To support the ICB to **adopt the NHS England commissioning recommendations** effectively
-  Implement agreed objectives with **minimal disruption to practice staff**

## Expected outcomes

-  **Reduced diabetes expenditure**  
Medicines optimisation teams will see a reduction in diabetes product spend and achieve savings of £996,317 per year.
-  **Maintain and uphold patient care**  
Supported patients will be able to safely and confidently use blood glucose meters, test strips and insulin pen needles.



## How it works

1

### Identify patients

The Spirit Clinical Team will carry out an audit on the GP Practice clinical system to identify patients suitable for review.

2

### GP approval

The GP will review and approve the patient list. Educational training will be offered to all patients identified in the blood glucose meter review.

3

### Remote pen needle and blood glucose meter update

The Spirit Clinical Team will action the product update on the clinical system – this is completed remotely.

4

### Communication to patients

The Spirit Clinical Team will send letters to the agreed patients to inform them of the prescription change.

5

### Final review and evaluation

The Spirit Clinical Team will review the work undertaken with the GP against the objectives set once implementation is complete.

[Click here to learn more about our medicines optimisation solutions](#)