

Leicestershire Primary Care Networks support NHS patients with urinary incontinence management through continence appliance review service

A Spirit 'prescribing savings audit' was ran across two Leicestershire PCNs. The report revealed where significant savings could be made for an incontinence appliance review programme involving a total population of 102,000.

This programme involves supplying patients with high-quality SpiritCare products, such as catheters, that support patients in confidently managing their urinary incontinence – delivered with end-to-end service Active Implementation™.

Projected savings p/a*
£75,000 - £105,000

*Annual savings shown are correct as of GPRX data Oct-2022-Sep-2023, based on a realistic 50 -70% switch rate.

No. practices to engage with

6

Aims & Objectives



To **educate patients** on appropriate use of continence products as part of their urinary incontinence management



Reduce expenditure on continence products by delivering **projected savings £75,000 - £105,000** across both PCNs



Improve quality of patient care



Obtain **full practice engagement** across all 6 six practices over the course of 6 months

Expected outcomes



Reduced continence product expenditure

Medicines optimisation teams will see a reduction in continence product spend.



Maintain and uphold patient care

More patients can safely and confidently manage their urinary incontinence with SpiritCare products.



How it works

1

Identify patients

The Spirit Clinical Team carries out an audit on the practice clinical system to identify patients suitable for review. This will identify patients prescribed leg or night bags, ISC or sheaths.

2

GP approval

The GP will review and approve the patient list and will identify and flag any additional ad hoc exclusions e.g. under care of a specialist, palliative care etc. These patients may have their appliances reviewed at another appointment.

3

Patient review and outcome

Identified patients will have their current appliances reviewed in line with the local formulary by appointment. Current product is reviewed and either:

- Changed to reflect local formulary
- Stopped if no longer required
- Quantities changed to reflect clinical need
- Referred to specialist

4

Product update

The Spirit Clinical Team's recommendations will be discussed with the patient lead GP who will then authorise the changes made to their treatment plan.

5

Communication to patients

The Spirit Clinical Team will send letters to the agreed patients to notify them of the changes to their prescription. The patient's prescription is then changed over to the new products.

6

Final review and evaluation performance

The Spirit Clinical Team will review the work undertaken with the GP against the objectives set once implementation is complete.

[Click here to learn more about our medicines optimisation solutions](#)

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