

SpiritCare Long-Term Foley Catheter

Instructions for Use

Properties

The 100% silicone (latex free) SpiritCare Long Term Foley Catheter comes with a 10ml syringe filled with sterile water for balloon inflation and a 10ml empty syringe for balloon deflation and catheter removal. The SpiritCare Long Term Foley Catheter is for urethral and suprapubic use. Available in female and standard lengths, and as 2-way Foley Catheter

The catheter charriere (Ch) / diameter size, balloon volume infill size, catheter name and type along with the product reference code are printed on the paper film pouch, with additional information such as expiry date and batch number recorded on each outer unit pack as well as on the shelf box. The individual unit pack also has 2 peel-off sticky labels stating the appropriate details for placing in the catheterised patient's case records / notes.

Indications

The SpiritCare Long Term Foley Catheter is intended for catheterisation of the urinary bladder and is appropriate for urethral and suprapubic use.

For continuous bladder drainage and / or instillation of appropriate therapeutic agents into the bladder and / or bladder irrigation.

Contraindications

None known.

Use of the SpiritCare Long Term Foley Catheter

- Hand hygiene policies are essential to minimise the risk of catheter associated urinary tract infection
- Catheter insertion should always be carried out in accordance with local and national clinical policies by appropriately qualified and trained Healthcare Professional
- Strict adherence to aseptic technique is essential
- Any additional products use to facilitate catheter insertion should be sterile
- The outer packaging includes traceability labels that can be used to record the details of the catheter in the patient record
- Avoid using talcum powder or oil-based creams around the catheter
- Seek help if any of the following occurs:
 - o No urine draining into the bag for 2-3 hours, especially if the bladder is still full
 - o New pain in the lower abdomen, pelvis, back or legs
 - o Urine has changed colour (i.e. it has become cloudy, blood stained or has obvious blood clots in it)
 - o Urine has a strong, foul odour
 - o User develops a fever, nausea, vomiting or unwell feeling
 - o Urine is leaking from the insertion site
 - o Irritation, tenderness, swelling or redness at the catheter insertion site

Catheter Removal

- The balloon must be completely deflated before catheter removal
- Never cut the catheter or inflation channel in an attempt to deflate the balloon
- Deflate the balloon by using the empty syringe supplied
- With the plunger compressed almost to the bottom of the syringe, gently attach it to the catheter valve
- Allow the pressure in the balloon to force the water slowly back into the syringe in a free flowing manner
- If the balloon fails to deflate, reposition the patient and / or gently aspirate to remove the water. If this fails seek the advice of an appropriate healthcare professional
- Gently remove the catheter noting the length from the meatal opening to the tip of the removed catheter to indicate the length of when the replacement catheter is likely to be in the bladder. Warning: Always slowly insert the new catheter a further 3cm into the bladder before inflating the balloon to ensure it is not inflated in the bladder or in the urethra. Gently retract the catheter to ensure the inflated balloon is securely and snugly positioned at the bladder neck

Potential Complications

- In rare cases, deflating the balloon, usually too quickly, with the syringe may result in the collapsing of the catheter inflation lumen. Should this occur, seek a suitable trained medical professional for assistance. Do not attempt to rupture the catheter balloon by over inflating it as this could cause further damage to the bladder. Should the chosen corrective methods require rupturing, it is important that all fragments are carefully removed
- Catheters that are not correctly positioned in the bladder may cause irritation, pain and mucosal damage especially if the balloon is inflated whilst in urethra
- Blockage caused by encrustation, infections or spasms affecting urinary drainage may occur
- Never clamp the catheter as this may cause damage. If necessary, use a catheter valve

Precautions

- Catheters and syringes are for single use only and should be correctly disposed of after being used
- Do not use if the package has been previously opened or is damaged as this means the sterility has been compromised
- Always check the catheter carriage size and balloon capacity which is marked on the outer unit pack and funnel of the catheter
- Always deflate the balloon slowly using the empty syringe provided
- Do not exceed the 12 week license for the catheter
- Store in a dark, cool and dry place away from heat and direct sunlight
- Seek help if any of the following occurs:
 - No urine draining into the bag for 2-3 hours, especially if the bladder is still full
 - New pain in the lower abdomen, pelvis, back or legs
 - Urine has changed colour (i.e. it has become cloudy, blood stained or has obvious blood clots in it)
 - Urine has a strong, foul odour
 - User develops a fever, nausea, vomiting or unwell feeling
 - Urine is leaking from the insertion site
 - Irritation, tenderness, swelling or redness at the catheter insertion site

Warnings

- The prefilled syringe containing sterile water, is to inflate the catheter only and is not for injection usage.
- Syringes are for single use only
- The empty syringe is for deflation of the previous indwelling catheter prior to its removal
- Patients should be fully assessed by an appropriately trained healthcare professional to catheter insertion
- Patients with indwelling catheters should be monitored in accordance with local and national policy

Safety Instructions


- Each catheter is individually supplied in a sterile pack
- Do not use if packaging is opened or damaged, or if the product is damaged
- For single use only. Never re-sterilise or reuse


Storage Recommendations

- The catheters should be stored in their original shelf carton, in a clean and dry environment, away from heat and direct sunlight. Catheters should not be stored folded.

Products available


	Code	Size
SpiritCare Male Long-Term Foley Catheter	SH-CC034	12Ch
	SH-CC035	14Ch
	SH-CC036	16Ch
	SH-CC037	18Ch
SpiritCare Female Long-Term Foley Catheter	SH-CC038	12Ch
	SH-CC039	14Ch
	SH-CC040	16Ch
	SH-CC041	18Ch

 Sterilised using Ethylene Oxide

 Do not use if package is damaged


 Authorised representative
in the European Community

 Medical Device

 Latex-free

 Caution

 Temperature limit
-15°C 49°C

 Do not reuse

 Manufacturer


 Date of manufacture

 Use by date

 Single Sterile Barrier System

 Article no

 Batch code

 Consult the instructions for use

 Store in a dry place

 Keep away from sunlight